

7 TEACH

RESOURCE 6.1

Introduction: warm up & energisers Global greetings

INDIA

The 'namaste'. Place your hands together in front of your chest and make a little bow.

UNITED STATES

Give a firm handshake and look the other person straight in the eye.

MIDDLE-EAST

The 'salaam'. Touch your heart with your right hand. This gesture goes together with the phrase 'salaam alaikoem' which means 'peace be with you' in Arabic.

MALAYSIA

Reach out with both your hands and touch the other person's fingertips with your own. Next, you move your hands to your heart, which means 'I welcome you'. Men can only make this gesture to other men and women only to other women.

POLYNESIA

Kiss the cheek and stroke the back of the other person (this is a gesture only meant for men).

ESKIMOS FROM ALASKA

Press your nose gently against the other person's nose.

SOME EAST-AFRICAN TRIBES

Spit on the feet of the other person (you don't have to literally spit, you can act like you are spitting)

7 TEACH

SOME TIBETAN TRIBES

Stick out your tongue to the other person.

JAPAN

Bow from the waist in an angle of 15 degrees. This is an informal greeting for all classes and all circumstances.

RUSSIA

Shake someone's hand firmly. Continue with a tight hug and two or three kisses, alternating between the cheeks.

LATIN-AMERICA

Take the other person in your arms (this is called an 'abrazo') and give him or her three friendly pats on the back.

PARTS OF KENYA

Clap in your hands, and grab the fingers (closed in a fist) of the other person.

THAILAND

The 'wai'. Place your hands in a way similar to the 'namaste' against your chest and bow forward gently. The higher you place your hands against your chest, the more you show your respect to the other person. However, don't place your hands above your head, because that is considered to be offensive.

SOUTHERN EUROPE, CENTRAL AND SOUTH AMERICA

Shake each other's hands heartily and hold the hand longer than you would with a handshake in the north. Touch the other person at the lower arm, at his or her elbow or at lapels of his or her suit.

TURKEY

Shake both hands or take the other person in your arms while you kiss him or her on both cheeks (this gesture is usually only used among friends, but in the context of this activity you can use it with everybody if they feel comfortable).

7 TEACH

THE NETHERLANDS

When you know someone well: three kisses, alternating from one cheek to the other. Otherwise you shake hands.

ISRAEL

Say 'shalom' and shake the hands of the other person or embrace them, according to how well you know them.